



## MENIUL ZILNIC - I. C.BRATIANU

03.01.2026

|                               |           |           |                                                                                      |
|-------------------------------|-----------|-----------|--------------------------------------------------------------------------------------|
| COMUNE                        | DIMINEATA |           | PAINE 450 GR(pt toata ziua),CEAI 250 ML                                              |
|                               |           |           | UNT 30 GR,GEM 60GR                                                                   |
|                               |           |           | BRANZA TOPITA 70 GR, PATE 100GR                                                      |
|                               |           |           | .                                                                                    |
|                               | PRANZ     | FELUL I   | BORS DE ZARZ CU FIDEA 400 GR                                                         |
|                               |           | FELUL II  | PULPA DE PORC /PUI LA TAVA 90 GR                                                     |
|                               |           | SALATA    | GARNITURA DE PASTE FAINOASE IN SOS 300 GR                                            |
|                               |           | FELUL III | .                                                                                    |
| SEARA                         |           |           | MAMALIGUTA 300 GR CU BRANZA DE VACI 200 GR SI SMANTANA 100 GR                        |
|                               |           |           | SUNCA PRESATA 70 GR                                                                  |
|                               |           |           | CEAI                                                                                 |
| DESODAT<br>GASTRIC<br>HEPATIC | DIMINEATA |           | PAINE 450 GR(pt toata ziua) CAI 250 ML,ARDEI 100 GR(HEP)                             |
|                               |           |           | UNT 30 GR.GEM 60 GR.URDA 150 GR.OU FIERT -DESODAT,                                   |
|                               |           |           | UNT 30 GR.GEM 60 GR.URDA 200 GR.OU FIERT-HEPATIC,                                    |
|                               |           |           | UNT 30 GR,URDA 200 GR,OU FIERT 1 BUC - GASTRIC                                       |
|                               | PRANZ     | FELUL I   | SUPA DE OREZ CU BULION 400 GR                                                        |
|                               |           | FELUL II  | PULPA DE PUI LA TAVA 90 GR                                                           |
|                               |           | SALATA    | GARNITURA DE PASTE FAINOASE IN SOS 300 GR                                            |
|                               |           | FELUL III | .                                                                                    |
| SEARA                         |           |           | MAMALIGUTA 300 GR CU BR.DE VACI 200 GR SI SMANTANA 100 GR,NAPOLITANA1                |
|                               |           |           | PIURE DE CARTOFI 250 GR, TELEMEEA 150 GR(HEP,GAS)                                    |
|                               |           |           | CEAI 250 ML, IAURT 1BUC(GAS),SANA 1 BUC (HEP)                                        |
| DIABET                        | DIMINEATA |           | ARDEI 100 GR,PAINE 200 GR(pt toata ziua),CEAI AMAR 250 ML                            |
|                               |           |           | UNT 30 GR,CASCAVAL 100 GR,SUNCA PRES 100 GR,OU FIERT 1 BUC                           |
|                               |           |           | UNT 30 GR,URDA 200 GR,OU FIERT- D.F.S,D.DEC                                          |
|                               |           |           | KEFIR 1 BUC,                                                                         |
|                               | PRANZ     | FELUL I   | SUPA DE OREZ CU BULION 400 GR                                                        |
|                               |           | FELUL II  | PULPA DE PUI LA TAVA 90 GR/BRANZA DE VACI 200 GR(D DEC.)                             |
|                               |           | SALATA    | GARNITURA DE PASTE FAINOASE IN SOS 250 GR                                            |
|                               |           | FELUL III | .                                                                                    |
| SEARA                         |           |           | GRATAR PIEPT DE PUI 90 GR, BRANZA TELEMEEA 150 GR (D.DEC.)                           |
|                               |           |           | MAMALIGUTA 300 GR CU BR.DE VACI 200 GR SI SMANTANA 100 GR                            |
|                               |           |           | CEAI AMAR 250 ML, RASOL PIEPT DE PUI 90GR,SANA 1 BUC                                 |
| SUPLIMENT                     | ORA 10:00 | COMUNE    | COZONAC 100 GR(RC+DES, HEP),NAPOLITANA 1 BUC<br>(GAS),KEFIR 1 BUC (HEP)              |
|                               |           | DESODAT   |                                                                                      |
|                               |           | HEPATIC   |                                                                                      |
|                               |           | GASTRIC   |                                                                                      |
|                               | ORA 16:00 | COMUNE    | COZONAC 100 GR(R.COM+DESODAT, HEP), BISCUITI<br>1PAC+IAURT 1BUC(GAS),IAURT 1BUC(HEP) |
|                               |           | DESODAT   |                                                                                      |
|                               |           | HEPATIC   |                                                                                      |
|                               |           | GASTRIC   |                                                                                      |
| MEDICI DE<br>GARDA            | DIMINEATA |           | 2 OUA OCHIURI.ARDEI 100 GR                                                           |
|                               |           |           | CASCAVAL 100 GR                                                                      |
|                               |           |           | SUNCA PRESATA 100 GR                                                                 |
|                               |           |           | PAINE 100 GR,CEAI                                                                    |
|                               | PRANZ     | FELUL I   | SUPA DE OREZ CU BULION 400 GR                                                        |
|                               |           | FELUL II  | PULPA DE PUI LA CUPTOR 90 GR                                                         |
|                               |           | SALATA    | GARNITURA DE PASTE FAINOASE IN SOS 300 GR                                            |
|                               |           | FELUL III | PAINE 100 GR,                                                                        |
| SEARA                         |           |           | SNITEL DIN PIEPT DE PUI 100 GR                                                       |
|                               |           |           | MAMALIGUTA 300 GR CU BRANZA DE VACI 200 GR SI SMANTANA 100 GR                        |
|                               |           |           | PAINE 100 GR,CEAI,COZONAC 100 GR                                                     |

pasare), legume (legume pentru ciorbe, pastai, mazare), lactate si produse derivate (lactoza), cereale care contin gluten (paine si produse derivate), oua si produse derivate, telina, fructe cu coaja si piper.

**Mihaela**